



Riviera Quilters Inc.

NEWSLETTER

August 2016



Judy White
Runner Up - First Time Entrant
Vic Quilters Quilt Showcase 2016

WELCOME TO RIVIERA QUILTERS

Riviera Quilters was formed by a group of patchworkers in East Gippsland in 1989. The initial membership was 30; today our membership is well over 100. Many members come from other parts of country Victoria as well as Melbourne and South East New South Wales. Members enjoy many happy hours together as we share or pass on our knowledge, not only at our meetings but also at our weekend retreats, on bus trips and at mini-workshops. Our Annual General Meeting, held as part of our August gathering, is always well supported and is a rewarding time for members as we hand over a donation to our approved charity. Our guest speaker for the day is always interesting and well informed. Our Christmas meeting is a special time for members and our Biennial Exhibition is a time to appreciate all the beautiful work done by our members. Riviera Quilters meet twice a month in Rooms 2&3 at “ East Gippsland Community and Educational Hub”, Cnr Dalmahoy & Service Streets, Bairnsdale. Meetings are held on the first and third Saturdays of the month, excluding January. On the first Saturday, Rooms 2&3 are open from 11am - 4pm. A short formal meeting is held at 12 o'clock followed by a Show and Tell of member's work. Our library is open to members on these days from 11am-12noon and after Show & Tell. On the third Saturday of the month Rooms 2&3 are open 10am-3pm. There is a calendar of events for this Saturday including Swap Meets, Workshops, Sewing for others, etc. There is no formal meeting. **Visitors are always welcome.** Regular annual events are our tutored weekend in March and our UFO (Un Finished Objects) weekend in October.

Membership is open to all interested persons and fees are due on the 1st September each year. The annual fee is **\$30.00** plus \$10 joining fee for new members. The newsletter is published 6 times a year and is the main communication between our far-flung memberships.

OFFICE BEARERS 2015/2016

President:	Kim Ellis	51551372 0405202664	ibusmailroom@gmail.com
Vice President	Liz Traynor	0427769341	liz.rivierquilters@gmail.com liztraynor@bigpond.com
Minutes Secretary:	Maxine Semple	51522441	maxinesemple@yahoo.com.au
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Treasurer:	Gerda Burer	51569327	gmburer@yahoo.com.au
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	Maaïke Van Donk	51532205	maaike_van_donk@hotmail.com
	Ula Sheather	0409568649	uksheather@bigpond.com
	Margaret Fraser	5152 2028	margfraser49@yahoo.com.au



DATES FOR YOUR DIARY 2016

2016 August 6th	Annual General Meeting Rooms 2&3 EGCD Hub 11am-3pm Presentation of Charity Chq at 12 noon AGM at 1.30pm Morning Hostesses : Coralie Foxton and Nola Matthews Afternoon Hostesses: Dawn Pennyfather and Norma Brown
August 20th	Sit & Sew - Rooms 2&3 EGCD Hub 10am - 3pm
Sept 3rd	MONTHLY GATHERING Rooms 2&3 EGCD Hub 11am-3pm Morning Hostesses : Heather Caddy & Ann Sims Afternoon Hostesses: Inge Dauncey & Josie Coulter
Sept 17th	Sit & Sew - Rooms 2&3 EGCD Hub 10am - 3pm
Sept 24th & 25th	LEESA CHANDLER BAG WORKSHOP
October 1st	MONTHLY GATHERING Rooms 2&3 EGCD Hub 11am-3pm
October 7th, 8th & 9th	UFO Weekend at Lakes Entrance

NOTE TO ALL HOSTESSES

If you cannot fulfil your duties as hostess, could you please try and find your own replacement.

If you aren't successful then contact Ros or a member of the committee.

Also, could the morning hostesses bring the milk. Keep the receipt and we will reimburse you.

We are always looking for Hostesses, so if you can help please email Ros - rospearce51@gmail.com

***** PLEASE WEAR YOUR BADGE *****

In order to be eligible for the Lucky Door Prize, you must be wearing your badge!
However new members will be exempt until their badge arrives!

Lucky Door Prize Winners:

Recent lucky winners of our beautiful door prizes made by Heather Caddy:

July - Peg Morrison

Thank you Heather.

Protein Power Bars

by [Georgia Harding](#)

Courtesy - Heather Caddy



"Yummy"

Health benefits

Oats are a nourishing, high fibre, nerve supporting food. The nuts, seeds and coconut provide good fats, protein and energy (of the slow release kind). The cinnamon further stabilises blood sugars and the cacao is antioxidant.

Ingredients

- 150g of butter (or coconut oil), melted
- 170g (½ cup) of sweetener (rice malt syrup or raw honey)
- 30g (¼ cup) of raw cacao powder
- 1 teaspoon of cinnamon powder
- 130g (1½ cups approx.) rolled oats or rolled quinoa (or half oats, half rolled quinoa)
- 230g (1½ cups approx.) of your choice of raw nuts and/or seeds (I used walnuts, hazelnuts, almonds, sunflower seeds)
- 1 heaped tablespoon of chia or flax seeds, preferably ground
- 80g (1 cup) desiccated or shredded coconut

Method

1. In a small pot, combine the butter, sweetener, cacao and cinnamon over a low heat, stirring until combined (a few minutes).
2. For a tastier slice, toast the oats, nuts, seeds and coconut in a large pan over a low heat for 5-10 minutes, stirring often (the coconut will colour). Allow to cool a little. Or if you'd prefer, simply combine the dried ingredients raw.
3. Pulse (quickly) in your food processor a couple of times to chop the nuts a little.
4. Add the wet ingredients and mix together until well combined.
5. Use a big wet serving spoon to press firmly into a small slice tin lined with baking paper.
6. Place in the freezer for 10 minutes to set. Once set, remove from the tin and cut into squares.

COMING in 2017

Jan Preston – renowned textile artist/quilter

Gail Pan – – author of Patchwork Loves Embroidery.

UFO by the Lakes

7th - 9th October

We are pleased to announce that our next UFO weekend will be held in Lakes Entrance. This is a lovely venue with plenty of options to pop out for coffee, have a bit of retail therapy, take a stroll on the beach, sleep, sew - really, you can do what ever you please.

We do not have to take anything except our sewing gear and clothes.
If you wish to extend your stay for Sunday evening, please state that when booking.

THE VENUE is the Glenara RSL Motel on the Esplanade at Lakes Entrance.

We have the use of the Recreation room by the pool for our sewing.

ACCOMMODATION - will be in the Motel rooms

Single Room (one Queen size bed) - \$72 per night (includes 10% discount)

Twin Share - (one Queen size bed & one Single Bed) - \$77 per night (includes 10% discount)

Triple share room - (Queen & Two single beds) are also available

Please advise when booking if you wish to stay Sunday night.

MEALS

Breakfast - Several Options

Toasters are available at reception if you wish to bring your own breakfast supplies

Room service for a cooked Breakfast or visit the dining room.

Morning tea & lunch

will be provided at \$10 per person per day payable when you make your booking

Dinner (suggestions)

Friday night Fish & Chips on the beach (weather permitting)

Saturday night dining at the RSL 'Scallop Pot Bistro'.

These meals will be pay as you go.

PLEASE NOTE - YOU WILL NEED TO BOOK YOUR OWN ROOM.

Please make your booking **sooner rather than later**.

We cannot expect the motel to hold bookings for us indefinitely.

To BOOK YOUR ROOM - please phone 51551555

AFTER YOU HAVE BOOKED YOUR ROOM

PLEASE MAIL OR HAND IN THE SLIP BELOW WITH YOUR PAYMENT.



BOOKING FORM

NAME:

ADDRESS: **PC.**

PHONE: **Email:**

I enclose \$20 to secure my place at the UFO weekend in Lakes Entrance.

****Non members please add \$10.00**

☐ Cash

☐ Cheque

☐ Eftpos

EFT PAYMENTS -

WESTPAC BAIRNSDALE - BSB: 033-203 A/C 367-444 (Retreat Account)

Please include your name and "UFO" as reference

Forward Application Form to ;The Secretary, Riviera Quilters, PO Box 276, Bairnsdale 3875

☐ I have booked my accommodation.

Signed :

Library Report

Borrowing Rules

Members may borrow 3 books (only one can be a new book) plus 2 magazines per month.

Books may be returned and borrowed between **11.00 am** and **1 pm**.

If you are borrowing or returning books when the library table is unattended please place your name on them.

Judy is away enjoying the warm weather. We thank Robyn Ashley for looking after the library in her absence.

DON'T MISS THIS EXHIBITION **MAKING THE AUSTRALIAN QUILT** 1800–1950

**The Ian Potter Centre: NGV Australia
Federation Square**

22 July - 6 November | Daily | 10am - 5pm

Making the Australian Quilt: 1800–1950 is the first major exhibition of its kind to bring together the rich works that constitute Australia's quilt heritage.

Exclusive to Melbourne, the exhibition includes more than eighty works from around the country. Key works such as *The Rajah Quilt* and examples by renowned makers Mary Jane Hannaford, Marianne Gibson and Amelia Brown are shown alongside a number of recently discovered pieces not exhibited before. They include quilts, coverlets, garments and quilted, patched and pieced works made in Australia or with a significant Australian provenance. The exhibition also features key 19th century English quilts that were brought or sent to Australia, informing and influencing the early quilting practices of local makers.

With works drawn from public and private collections throughout Australia, visitors to this unprecedented exhibition have a rare opportunity to experience the aesthetic impact, technical skill and powerful storytelling capacity of this fascinating art form. The material used in the creation of the work is diverse and telling of the creative resourcefulness of their makers. Taffeta, velvet, furnishing fabric, dressmaking scraps, flour bags, possum skins, suiting samples and flannelette have each been transformed by the act of cutting, layering, piecing and stitching.

Many of the pieces were created within an intimate, private setting, yet have the ability to convey much more of their broader social and historical significance. The exhibition encompasses quilts made by men and women, those made within the context of leisure and accomplishment, created as expressions of love and family connection and those stitched out of necessity in an environment of constraint and hardship.

The exhibition is accompanied by a full colour catalogue co-curated by renowned quilt historian and collector Dr Annette Gero and Katie Somerville, Senior Curator Fashion and Textiles, NGV. Multimedia is used within the exhibition space to provide a better understanding of the process of quilt making and the stories behind the works on display.



**Riviera Quilters would like to thank
TIM BULL MP
and the helpful staff at his Bairnsdale office,
for their continued generous support in the
free printing of our newsletter.
Many thanks to all involved.**

LEESA CHANDLERS BAG WORKSHOP

24th & 25th September

There are still a few places left in this great workshop.
After negotiations with Leesa, it is no longer necessary to purchase the kit as previously advertised.
This enables you to make the bag in fabrics of your choice,

If you would like to do this workshop, please contact Ann Sims A.S.A.P.

COST \$75 PER STUDENT (OPTIONAL KIT, \$60 payable on the 1st day of the workshop)

INCLUDES

2 DAYS TUITION PLUS MORNING AND AFTERNOON TEAS AND LUNCH ON BOTH DAYS

NAME

PHONE: MOBILE

I ENCLOSE MY \$75 FULL PAYMENT for tuition.

- ☐ Cash \$.....
☐ Cheque \$.....
☐ EFT

EFT PAYMENTS -

WESTPAC BAIRNSDALE - BSB: 033-203 A/C 367-444 (Retreat Account)

Please include your name and "UFO" as reference

Forward Application Form to ;The Secretary, Riviera Quilters, PO Box 276, Bairnsdale 3875

☐ I do / do not wish to order the kit. A requirements list will be available shortly for those who don't wish to order a kit

SIGNED

SENSORY QUILTS

Last year Riviera Quilters was asked to make some sensory quilts for the residents of Maddocks Gardens. These quilts consisted of nine 6 1/2 inch patches put together to form a small lap quilt. The quilts are often decorated with buttons, braids, zips, etc. for residents to 'tinker' with. The materials used can be any washable fabric, even hand knitted or crocheted and can include textured and synthetic fabrics. Lots of colours are terrific. These quilts are used frequently help calm residents and bring back memories.

We are starting a collection of pieces for the next batch of quilts. There is a box in our store room brightly labelled 'Sensory Quilt Pieces'. So if you have any pieces of fabric that can be cut to 6 1/2 inches square and that will be suitable for including in a quilt then please leave them in the box. I will organise some sewing times later in the year, before Christmas, so we can sew up the contributions. Donations of small zips, lace, braids etc. are also most welcome.

We are hoping to make enough quilts to distribute to several of the aged care homes in the district.

Thank you.
Maxine Semple





WANTED

Overlockers to use for Days for Girls

If you have an overlocker you wish to sell or donate
Please contact Ula Sheather
0409568649
uksheather@bigpond.com

SECRET PALS 2016

Don't forget your Secret Pals
Just a small gift or even a card will let them know
you care.



30cm FABRIC SWAP

Don't forget to keep working on your 30cm swap list.



SUPPLY OF BATTING

Diana Whitfield (Joan Waite's daughter) has offered to supply batting to members "direct".

She will supply

Matilda's Own 60% wool 40% polyester on a scrim,
pre-washed, pre-shrunk, fully machine washable,
2.4m wide @ \$15 per meter.

Members would need to pay at time of ordering,

Email: diana.j.w@bigpond.com

Mobile: 0412 562 414

Do you have quilt tops galore?
Why not have them professionally quilted?
The following list of members own
Long Arm Quilting Machines -

Hilary Arnold *Fairfields Creative Quilting*

is an award winning quilter

Pickup and delivery arranged

Phone: 51555576 after 5pm

Mobile: Hilary-0407634944 Barry-0427 634944

Email: fairfiel@bigpond.net.au

Glenda Ingram. *Forgetmenot quilting.*

7 Lindsay Court, Wy Yung.

Phone: 51524 973

Email: glenrae@bigpond.net.au

Gayle Kyle

Riviera Patchwork

Main Street, Bairnsdale.

Drop into the shop anytime

Lily Lane Patchwork Shop

26 Princes Highway, Rosedale.

Phone: 51992777

Opening hours:

9:30am - 4pm weekdays (closed Tuesday).

Weekends: 10am-3pm.

Email: Jennifer@lilylane.com.au

Sonia Melville

CRAFT BASKET

110a Nicholson Street, Orbost.

(behind Elders Real Estate)

Phone: 51541151

Open: Tues-Friday 9.30-3.00 Sat 9.30-12.00

(A/H by arrangement)

Vicki Spencer *Woolshed Quilting*

533 Balfours Road, Granite Rock.

Phone: 51568 972

Mobile: 0408 379406

www.woolshedquilting.com

Email: vicki@woolshedquilting.com

Liz Traynor www.quiltingandsewon.com.au

Pick up & delivery arranged

Phone: 51571759 or 0427769341

Email: liztraynor@bigpond.com

Diana Whitfield

Email: diana.j.w@bigpond.com

Mobile: 0412 562 414

RIVIERA QUILTERS Inc.

MEMBERSHIP FORM

Annual subscriptions are due by September 1st

NAME

ADDRESS.....

.....P/CODE.....

Telephone..... Mobile.....

EMAIL.....

Is this a change of address? YES NO

New Membership joining fee (includes cost of badge)	\$10	
Expired Membership Renewal fee	\$10	
Membership Annual Fee	\$30	
	TOTAL	

PAYMENT DETAILS

METHOD

I enclose ☐cash ☐cheque ☐money order

OR

I am paying by ☐Electronic Funds Transfer

EFT PAYMENTS - WESTPAC BAIRNSDALE

BSB - 033-203; ACC # -139-329

Please include your name & indicate that the payment is for membership

**If your bank does not allow a name as reference, please use the last 4 digits of your
phone number and notify the Membership Secretary.**

**With all methods of payment you must still post this form to -
The Secretary, Riviera Quilters Inc., PO Box 276, Bairnsdale, 3875**

**I give permission for my personal details to be included in a membership directory to be distributed to
all members and to be used in publicity items (names, photos) e.g. newspaper articles & website.**

Please circle your response: Yes / No

SIGNED.....DATE.....

BOOK KEEPING



FORMS/PAYMENTS

When making Electronic Funds Transfers please make sure to send the appropriate forms to:

The Secretary, Riviera Quilters,
P.O. Box 276; Bairnsdale. Vic. 3875

YES - THIS APPLIES TO YOU TOO !

There are still quite a few of us who are ignoring this simple request.

When making payments to both the main account and the retreat account please make sure they are separate.

**ie; 2 separate cheques or
for EFT payments:**

Retreat acc. BSB 033-203 367-444 (for Retreats & Workshops),

Main acc. BSB 033-203 139-329 (for subscription payments.)

It is not too hard and absolutely necessary to keep the records straight.

HAVE YOU CHANGED YOUR EMAIL ADDRESS?

If you have changed your email address in the last 12 months, please notify
Liz Traynor at - liz.rivieraquilters@gmail.com

Treasurers Report:

Not to hand at the time of writing this
newsletter

NOTE TO MEMBERS

Minutes from Riviera Quilters Inc.
committee meetings are available for your review
at monthly gatherings upon request.

**The DEADLINE for news and contributions is
15th January, March, May,
July, September and November.
All contributions are welcome.**